

NewYork-Presbyterian 2018 KickOff Features NYP Hudson Valley Hospital

On Monday, January 22, 2,500 people, including several representatives from NewYork-Presbyterian Hudson Valley Hospital, convened at the Javits Center for the annual Kickoff that marks the start of a new year at NewYork-Presbyterian. Many more watched the event remotely from desktops and mobile devices throughout NewYork-Presbyterian Hospital campuses and Regional Network Hospitals.

“The annual Kickoff is an opportunity to hear from NYP leadership about their vision for the year ahead,” says Stacey Petrower, President, NYP Hudson Valley Hospital. “In 2018, NYP will continue on its journey to becoming the #1 academic integrated delivery system in the nation – a healthcare system distinguished by providing easy access, an outstanding patient and employee experience, top quality and safety, and reduced cost for care.”

During the Kickoff, Steven J. Corwin, MD, President and CEO of NewYork-Presbyterian, gave a shout-out to NYP Hudson Valley Hospital, congratulating Ms. Petrower and the Hospital’s team for their achievements in 2017, including high HCAHPS scores and recognition by St. Christopher’s Inn with the “Humanitarian of the Year” award. In addition, a video presented at the KickOff highlighted the care provided by cardiologists Dr. Craig Hametz, NYP Hudson Valley Hospital, and Dr. Hjemdahl-Monsen, NYP Lawrence Hospital, to James Keefer after he suffered a heart attack last year.

“We were particularly proud to have one of our own, Angela Gonzalez-Perez, selected as a featured speaker at the Kickoff,” adds Ms. Petrower. “Angela joined us in December 2016, continuing a distinguished career with NYP that spans 19 years.”

In her presentation at the KickOff, Angela Gonzalez-Perez, MPA, Vice President of Operations, NYP Hudson Valley Hospital, spoke of a journey

that started in the Dominican Republic at the age of 5, when Angela immigrated to the United States with her family to live in Washington Heights. As a high school teenager, she became a volunteer in the Gift Shop at NYP/Columbia. “I was surrounded by so many talented people,” she recalled, “and I was in awe of the tremendous efforts behind the scenes to ensure that our doctors and our clinical staff would have the resources to provide the amazing clinical care that NYP is recognized for.”

Over the years, with perseverance, support, and great mentors, Angela progressed in her career at NYP, beginning in 2000 when she joined the Hospital as Executive Coordinator for the Office of the Chief Operating Officer. During the next 16 years, she took on increasing levels of responsibility in the area of Regulatory Planning, becoming director of that department in 2012, a position she held until coming to NYP Hudson Valley Hospital. Along the way, Angela earned her MPA in the Executive Master of Public Administration program at Baruch College and was awarded an Hispanic Health Professional Student Scholarship by the National Health Hispanic Foundation.

“NYP created the culture that allowed me to succeed,” said Ms. Gonzalez-Perez.



Angela Gonzalez-Perez, Vice President, Operations, NYP Hudson Valley Hospital, delivers her speech before an audience of 2,500 at the 2018 NYP KickOff.



Transportation from the Hospital to the Javits Center was provided to several staff members courtesy of NYP.



Among the physicians attending the NYP KickOff from the Regional Hospital Network were (from left) Dr. Craig Hjemdahl-Monsen, cardiologist, NYP Lawrence; cardiologists Dr. Craig Hametz and Dr. Alan Slater, NYP Hudson Valley Hospital; and Dr. James Trapasso, Medical Director, NewYork-Presbyterian Medical Group Hudson Valley.



Representatives from NYP Hudson Valley Hospital included (seated, from left) Ellen Higgins, FNP, NewYork-Presbyterian Medical Group Hudson Valley; Sedrick O’Connor, Vice President, Human Resources; Kate Spaziani, Vice President, External Affairs, NYP Regional Hospital Network; A. Bonnie Corbett, DNP, MS, NEA-BC, Chief Nursing Officer and Vice President, Patient Services; and Stacey Petrower, President; and (standing, from left) Mary Kincart, Vice President, Quality and Patient Safety; Dr. Bobby Janda, Chief Medical Officer; Dr. William Higgins, Vice President and Regional Executive Medical Director, NewYork-Presbyterian Medical Group; and Angela Gonzalez-Perez, Vice President, Operations.

Heart Month at NYP Hudson Valley Hospital

Wearing Red for Heart Health



To kick off Heart Month at NewYork-Presbyterian Hudson Valley Hospital, leadership, physicians, and staff observed Wear Red Day, a centerpiece of national observances to raise awareness about women’s heart health and cardiovascular disease.

See page 2 for additional highlights of Heart Month throughout NYP Hudson Valley Hospital.





Heartfelt



Saniya



Gabriel



Rose



Kadence



Kaina

Many families of the hospital's February newborns provided their support to the American Heart Association's *Little Hats, Big Hearts* program. Each baby born during Heart Month received a red knitted hat to help raise awareness about congenital heart defects.

A Fair of the Heart

Drawing 85 attendees, the annual Healthy Heart Fair provided information and resources on improving cardiac health. The event featured Dr. Craig Hametz, Dr. Alan Slater, and Dr. Frank Dorsa, NewYork-Presbyterian Medical Group Hudson Valley, in an "Ask the Cardiologist" session, and many tables with information and healthy treats. Special thanks to Joy Chiulli, President, The Auxiliary of NewYork-Presbyterian Hudson Valley Hospital, and Marie Turner, Auxiliary member, who handled registration.



FEB
13

A. Bonnie Corbett, Chief Nursing Officer and Vice President, Patient Services, visited with Magnet nurses from the Education Department and ICU, who discussed women's heart health, in particular, and how cardiac symptoms in women present differently than in men. Nearby, staff also offered information about emergency services and stroke prevention, and invited participants to take a sleep apnea quiz.



The Cardiac and Pulmonary Rehabilitation Team – Deborah Petranchik (center) and Nicole Stevenson, (right) – conducted blood pressure screenings, while teams from The Wellness Center and Morgan Bookheimer (left) of the NYPBeHealthy initiative emphasized wellness and stress reduction.



Adam Strauss, Director, Food and Nutrition Services (left), and Tara Dalton, Intern, Food and Nutrition Services (right), provided healthy smoothies and black bean muffins.

Sweet Hearts



FEB
14

Employees and members of the public could share the love on Valentine's Day by purchasing cupcakes for \$3 each to benefit the Auxiliary of NYP Hudson Valley Hospital. While four hours were scheduled for the sale, 300 cupcakes instead sold out in two. (From left) Marygrace Torggler, Rita White, Coleen McCoy, Sister Mary McCaffrey, Jeanette Altamura, Stacey Petrower, President, NYP Hudson Valley Hospital, Joy Chiulli, Auxiliary President, and Marie Turner. Decorating cookies made with love was a favorite of employees, including Maggie Perpetua, Phlebotomy, whose new uniform was the perfect color for the day and NYP pride.



(continued on page 3)



Big Hearted



FEB
14



FEB
15

(Photo left) Angela Gonzalez-Perez, Vice President, Operations; Sedrick O'Connor, Vice President, Human Resources; Carolyn Padial, Director, Centers for Rehabilitation; and physical therapists are embraced by the NYP heart. (Photo right) The next day, the NYP heart made its way to a Patient-Centered Thursday meeting, drawing more smiles.

A Workout for the Heart



FEB
27

Enjoying a healthy walk around the hospital campus to round out Heart Month were Nicole Paterno, Credentialing Specialist, and Petal Robinson, Credentialing Coordinator, Medical Affairs. Giveaways included a NYP pedometer.

Promoting Heart Health

A number of programs were held throughout February for employees and community members to provide important information on heart disease prevention and treatment. Delivering community and employee lectures were Dr. Rick Esquitin, Dr. Craig Hametz, and Dr. Alan Slater. Dr. Patrick Thomas, Chair of Medicine, NewYork-Presbyterian Hudson Valley Hospital, and President of the Board of Directors of the Putnam County chapter of the American Heart Association, also made the rounds promoting heart health.



FEB
2

Dr. Ricardo Esquitin, Cardiologist, NewYork-Presbyterian Medical Group Hudson Valley, joined Chef Emilie Berner for a Physician in the Kitchen program at the hospital's Chef Peter X. Kelly Teaching Kitchen for a class on Cholesterol & Heart Health for 25 participants.



FEB
14

The Education Department of NYP Hudson Valley Hospital held a Lunch & Learn lecture on the revised blood pressure guidelines of the American Heart Association. Participants earned 1 CEU credit while obtaining important information. Pictured here (from left) are Dr. Craig Hametz, NewYork-Presbyterian Medical Group Hudson Valley; Christine Oz, PT, MS, OCS, Centers for Rehabilitation; Asha Sundee, RN, who coordinated the program for the Education Department; and Jodie Ferrari, MS, RD, CDN, Clinical Nutrition Manager.



FEB
15

Dr. Patrick Thomas (center) in the Teaching Kitchen with several attendees who disclosed they are also highly satisfied patients: (from left) Barbara Layefsky, Gail Amodio, Anna Fontana-Prahl, Steve Matgsib, and Emma Walters.



FEB
23

Dr. Alan Slater, NewYork-Presbyterian Medical Group Hudson Valley, shares his expertise in heart health at the meeting with residents of Jefferson Village in Yorktown.

In and Around the Community

Physicians in the Kitchen

On January 16th, Dr. Melita Charles, Surgical Oncologist, The Ashikari Breast Center; and Dr. Maddalena Duarte, Medical Director, Women's Imaging, shared insights about breast cancer prevention and joined Chef Emilie Berner for a discussion about the connection between nutrition and health.

On January 26th, hospitalist Dr. Essam Jacob spoke about immune-boosting foods for winter. Dr. Jacob is the first hospitalist to join Chef Emilie Berner in the Teaching Kitchen, and going forward, a hospitalist will continue to co-present once a quarter.



(From left) Dr. Charles, Chef Berner, and Dr. Duarte



(From left) Dr. Omar Al-Awwad, Medical Director, Hospital Medicine; Dr. Mohammed Ellahi, Assistant Medical Director; Chef Berner; and Dr. Jacob

A New Wellness Series for Town of Cortlandt Employees



February 21st marked the start of a new monthly wellness series initiated by Town of Cortlandt Supervisor Linda Puglisi and presented by NewYork-Presbyterian Hudson Valley Hospital health professionals for Town of Cortlandt employees. The debut session on First Steps to Getting Fit, featured a discussion on nutrition and cardiac disease prevention with Jodie Ferrari, MS, RD, CDN, Clinical Nutrition Manager, NYP Hudson Valley Hospital, and James Trapasso, DO, Medical Director, NewYork-Presbyterian Medical Group Hudson Valley, pictured here with Ms. Puglisi (center).

What to Know About Wound Care



On February 17th, Eileen Donatelli, RN, BSN, ACHRN, WCC, and Dahlia Robles, CHT, provided information about the hospital's Institute for Wound Care & Hyperbaric Medicine at the Jilco/Yorktown Chamber of Commerce

Expo held at the Jefferson Valley Mall in Yorktown. The expo drew a crowd of 300 people.

OB Team Hosts A Breakfast with the Doulas

For many years, NYP Hudson Valley Hospital has recognized that doulas are an asset in the birthing experience of our patients. On January 25th, 24 doulas were treated to breakfast hosted by the Magnet nurses of Obstetrical Services and prepared by Chef Emilie Berner of the hospital's Chef Peter X. Kelly Teaching Kitchen. Dr. Jonelle Bingham-Alexander, Chair, Obstetrics and Gynecology, NYP Hudson Valley Hospital, and Clinical Director, OB/GYN, NewYork-Presbyterian Medical Group Hudson Valley, and members of the OB team shared information on the clinical excellence of the hospital's obstetrical care and its focus on meeting the personalized needs of patients in a family-centered environment. The discussion included a lively Q&A.



(From left) Sabrina Nitkowski-Keever, MSN, RNC, Director, Maternal Child Health; Casey Forde MSN, RN, NE-BC, Clinical Nurse Manager; Dr. Bingham-Alexander; Linda LeMon, IBCLC, CD, CBE, Lactation Consultant; and Dr. William J. Higgins, Vice President and Regional Executive Medical Director, NewYork-Presbyterian Medical Group

The 2018 EagleFest Has Landed

On February 10th, NYP Hudson Valley Hospital proudly sponsored TEATOWN of Ossining's annual "EagleFest" at Croton Point Park. This year, the legendary event, which marks the return of eagles and other birds of prey to Croton Point and elsewhere along the Hudson River, attracted 2,500 visitors. The NYP Hudson Valley Hospital team, including Catherine Maroney, Manager, Marketing, pictured here in a visit with the fair's mascot; Miranda Lyon, PT, Centers for Rehabilitation; and Jaclyn Van Asselt, Marketing Assistant, NewYork-Presbyterian Medical Group Hudson Valley, provided information about the hospital's services and programs. Dr. Lisa McLeod, OB/GYN, NewYork-Presbyterian Medical Group Hudson Valley, also attended.



Peekskill Agencies Together

NYP Hudson Valley Hospital is a proud member of Peekskill Agencies Together, or P.A.T., a consortium of organizations and groups dedicated to meeting the medical, economic, and social needs of the underserved in the City of Peekskill and surrounding neighborhoods. The hospital's Chef Peter X. Kelly Teaching Kitchen was the site for P.A.T.'s January monthly meeting, which included presentations by Ellen Bloom, Director, Marketing and Development, and Karen Erickson, Director, Oncological Services, and Director, Pharmacy. Noting the shared commitment to the communities jointly served by NYP Hudson Valley Hospital and P.A.T., Ms. Erickson added, "Like you, we work very hard to have a positive impact on our patients and their families."



Welcome to Our New Employees!

January – February 2018



(From left) Verona Ekwerekwu, Ana Sofia Martins, Evelyn Fernandes, Norberto Malina, Fatoumata Kamaso, Shannon Cestone, Jim Kwon, Arielle Williams, and Andres Basurto Martinez

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|--|--|--|
| <p>2 South
Pamela Bernardo
Registered Nurse</p> <p>Michael Maldonado
Patient Care Technician</p> <p>3 South
Katherine Ventimiglia
Patient Care Technician</p> <p>4 South
Rosemary Sangro
Registered Nurse</p> <p>Admitting
Evelyn Fernandez
Admitting/ER Registrar</p> | <p>Cold Spring PT
Ana Sofia Martins
Physical Therapist</p> <p>EMS
Carly Pomponio
Emergency Medical Tech</p> <p>Intensive Care Unit
Lauren Mansfield
Registered Nurse</p> <p>Rickey-Vaughn Williams
Unit Secretary</p> | <p>Paramedic Institute
Alex Camacho
Paramedic</p> <p>Patrick Swift
Paramedic</p> <p>Progressive Care Unit
Kathy Guardamino
Registered Nurse</p> <p>Anita Stare
Patient Care Technician II</p> <p>Radiology
Noel Armstrong
Radiological Technologist</p> |
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Employee of the Month



January 2018
Emma Fernandes
Admitting/ER Registrar

It is with great pleasure that we recognize Emma Fernandes, Admitting/ER Registrar as the Employee of the Month for January of 2018. Emma began her career at NYP Hudson Valley Hospital in October 2010, and exemplifies all of the qualities associated with achieving the status as Employee of the Month.

Patients and visitors regularly compliment Emma on her excellent customer service. She is known to her colleagues as a stellar employee who juggles multiple tasks and responsibilities within the department. Considered by her team as an asset to the hospital, Emma is professional, compassionate, and always eager to learn. She looks at ways to enhance workflows and is always focused on enhancing the patient experience.

Emma also serves as a positive role model with her strong work ethic, consistent output of quality work, and unwavering service to our patients and colleagues. Emma can be relied on to assist whenever help is needed and is invaluable when training new team members by supporting them during the onboarding process.

Emma epitomizes Employee Engagement and Respect. The Admitting/ER Registrar Department is extremely honored to have Emma as a member of the team.

Congratulations, Emma, and thank you for all that you do to *Put Patients First*.

Introducing Our New Clinicians



Jennifer Park, MD
Family Medicine
NewYork-Presbyterian Medical Group
Hudson Valley
211 South Division Street
Peekskill, NY 10566
(914) 736-0400



Shiny Paul George, NP
Gastroenterology
NewYork-Presbyterian Medical Group
Hudson Valley
2050 Saw Mill River Road
Yorktown Heights, NY 10598
(914) 233-3008



Indu Shivaram, MD
Pulmonary and Critical Care
NewYork-Presbyterian Medical Group
Hudson Valley
1980 Crompond Road
Cortlandt Manor, NY 10567
(914) 737-9000



Priyanca Waghmarae, PA-C
Gastroenterology
NewYork-Presbyterian Medical Group
Hudson Valley
2050 Saw Mill River Road
Yorktown Heights, NY 10598
(914) 233-3008

Marking Anniversary Milestones

January – February 2018

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|--|---|--|--|
| <p>30 Years
Maria Murnane
Dietary Services</p> <p>20 Years
John Finnigan
Laboratory</p> <p>Salvacion Delacruz
Ambulatory Surgery</p> <p>15 Years
Andrea McDonald
4 South</p> <p>Tara Phillips
Laboratory</p> <p>Dolores Navia
Surgical Services</p> | <p>Matthew Haun
Cardiac Rehab</p> <p>Barbara Bruno-Zanfini
Croton Radiology</p> <p>Sharon Segarra
2 South</p> <p>Carmen Diaz
Surgical Services</p> <p>10 Years
Esther Fine
Emergency Room</p> <p>Kaylynn Donovan
Intensive Care Unit</p> <p>Tonja Inlaw
Volunteer Services</p> | <p>Kevin McConville
Security</p> <p>5 Years
Jan Miller
3 South</p> <p>Joanne Odium
Human Resources</p> <p>Rachel Gonzalez
Laboratory</p> <p>Rebecca Armstrong
NICU</p> <p>Tashana Mattis
3 South</p> <p>Lydia Feldman
Ultrasound Diagnostic</p> | <p>John Brady
Quality Assurance</p> <p>Andrea DiCanio
Maternity</p> <p>Ivelissa Alamo
4 South</p> <p>Petal Robinson
Medical Affairs</p> <p>Surachai Prasertsri
Engineering</p> <p>Nilsa Ubada
Central Supply</p> |
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KUDOS Corner

“The care given to me was fantastic. No complaints. I will recommend this hospital to everyone.”

“The Chaplain visited me. They were very comforting, prayerful, and nice to chat with.”

“This was my second major surgery in 2 1/2 years with the same physician, they are awesome.”

“Meals were all very good and enjoyable. Coffee was hot, just perfect. A pleasant surprise!”

“All the nurses were extremely knowledgeable about newborns and maternity postpartum care and were very patient/kind while informative. Thank you.”