



# Endocrine, Head and Neck Surgery





# Comprehensive Care for the Most Common to the Rarest of Diseases and Disorders

Our endocrine surgeons and specialized staff at NewYork-Presbyterian Queens, in collaboration with Weill Cornell Medicine, provide comprehensive care for a full range of the most common to the rarest of diseases and disorders. We are dedicated to treating conditions and provide the best overall care for individuals with problems related to the endocrine and neuroendocrine system, most commonly that of the thyroid and parathyroid glands.

Some of the diseases and disorders we treat include the following:

- Adrenal gland disease
- Carcinoid disease
- Parathyroid gland disease (hyperparathyroidism)
- Thyroid disease
- Endocrine tumors of the gastrointestinal tract

The treatment success is based on a multidisciplinary team approach to patient care that combines diagnostic and treatment strengths of experts from numerous medical fields, including medical endocrinologists, radiologists, cytopathologists, medical oncologists and nephrologists. This enables us to provide patients with comprehensive, patient-centered care.

We provide medical care that is tailored to each patient's needs using cutting-edge minimally invasive techniques to shorten recovery times, so patients can return to normal daily activity more quickly. The treatments we provide include:

### **Fine-Needle Aspiration (FNA)**

Some individuals often require a biopsy, also known as a fine-needle aspiration (FNA), where a small gauge needle is inserted into the nodule using ultrasound guidance to aspirate tissue from the nodule. No specific preparation is required for this procedure which can be completed in the office at the initial visit.

### **Thyroid Surgery**

Thyroid surgery is performed for a variety of indications, including hyperthyroidism, thyroid goiter, and thyroid nodules suspicious for or known to be malignant. The surgery consists of either a total thyroidectomy (removing the entire thyroid) or a thyroid lobectomy (half of the thyroid is removed). Patients are usually admitted to the hospital on the day of surgery and discharged the following day.

### **Parathyroid Surgery**

Parathyroid surgery is performed for overactive parathyroid glands that cause elevated parathyroid hormone levels and usually elevated calcium levels. Treatment for these conditions is most commonly surgical removal. Patients are usually admitted to the hospital on the day of their surgery and discharged either same day or the following day.

**For more information, or to schedule an appointment, contact the Department of Surgery at 718-445-0220, extension 2836.**



## NewYork-Presbyterian Queens

56-45 Main Street  
Flushing, NY 11355

[nyp.org/queens](http://nyp.org/queens)

### Endocrine, Head and Neck Surgery Appointment Locations:

56-45 Main Street  
WLL-300 (Basement)  
Flushing, NY 11355

112-05 Queens Boulevard  
Forest Hills, NY 11375



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Medicine**

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